

Yoga with Heather



All bodies are yoga bodies. Heather Miller-Klingler is a 200 hour registered yoga teacher with over 15 years in the practice. Her specialty is yoga for all body types. No matter your flexibility level, or yoga experience Heather is the perfect yoga teacher for you.

•Ages: Open to All

•Cost is \$5.00

•Registration and Walk Ups

napoleonohio.com/outdoor-education

Upcoming Date:

November 29th,
2016

7:00-8:00 PM @
Ritter Park

Upcoming Date:

December 20th,
2016

7:00-8:00 PM @
Oberhaus Park

Upcoming Date:

January 10th,
2017

7:00-8:00 PM @
Oberhaus Park

Upcoming Date:

January 24th,
2017

7:00-8:00 PM @
Oberhaus Park

