



City of *NAPOLEON*, Ohio

255 West Riverview Avenue • P.O. Box 151
Napoleon, Ohio 43545-0151
Phone: (419) 592-4010 • Fax: (419) 599-8393
www.napoleonohio.com

Memorandum

To: Full-Time Employees on Health Insurance
From: Lanie Lambert

Mayor
Jason Maassel

Date: October 25, 2021
Subject: 2022 Preventive Care Campaign

Members of Council
Joseph Bialorucki, President
Daniel Baer, President Pro-Tem
Jeff Comadoll
Ross Durham
Kenneth Haase
Molly Knepley
Lori Siclair

City Manager
Joel L. Mazur

Finance Director
Kevin Garringer

Law Director
Billy D. Harmon

Public Works Director
Chad E. Lulfs, P.E., P.S.

Get rewarded by receiving your annual physical and biometrics through Everside Health or your Primary Care Physician and submitting the physician form. Those who participate will receive a \$50 gift card (or \$75 gift card depending on percentage of participation) and a monthly discount on their 2023 health insurance premiums.

This campaign runs from **July 1, 2021 – June 30, 2022**. If an employee/spouse had their wellness exam and necessary blood work completed after July 1, 2021, they are able to use those results for this campaign.

I have attached two different flyers, please follow the directions below:

1. Employees/Spouses going to Everside Health

- Employees/Spouses going to Everside Health for wellness exam do not need to turn in a Physician Form. Everside Health is aware of the Preventive Care Campaign and will be able to provide the reporting necessary.
- Employees/Spouses going to Everside Health do not need to complete the Health Profile Questionnaire through Survey Monkey. The questionnaire will be filled out during your visit.

2. Employees/Spouses going to Primary Care Physician

- Employees/Spouses going to a Primary Care Physician will need to submit the Physician Form to Everside Health through fax. It is a private fax number that is specific to the BORMA Preventive Care Campaign.
- Employees/Spouses going to a Primary Care Physician will need to complete the Health Profile Questionnaire. The questionnaire link is on the flyer.

It is important to follow the directions specific to where you seek care.

If you have any questions, please contact me.

Thank you

Taking charge of your health has many rewards



BORMA is encouraging each health plan member and spouse to earn a \$50 gift card (or \$75 gift card depending on percentage of participation) by completing an annual physical and biometrics through Everside Health, formerly Activate Healthcare.



1. Call to schedule your annual health assessment with your Everside primary care provider, including biometric screening.



2. Your health profile questionnaire will be completed during your visit. Work with your provider to create actionable health goals.



3. Complete your annual exam and health profile questionnaire between July 1, 2021, and June 30, 2022.

If you are completing your annual health assessment at an Everside Health Center, the 2022 Physician Screening Form is **not required** to earn your incentive.

Take charge of your health today by calling Everside Health.

Archbold

213 Nolan Parkway
Archbold, OH
43502
567-444-4840

Hours

M 8 am-5 pm
TU 7 am-5 pm
W 8 am-5 pm
TH 7 am-7 pm
F 6 am-2 pm

Bryan

500 W. Mulberry St.
Ste. 101
Bryan, OH 43506
419-519-3336

Hours

M 6 am-6 pm
TU 6 am-6 pm
W 7 am-6 pm
TH 6 am-6 pm
F 6 am-2 pm

Defiance

25568 Elliott Rd.
Defiance, OH
43512
419-782-2147

Hours

M 6 am-6 pm
TU 6 am-6 pm
W 6 am-6 pm
TH 6 am-6 pm
F 6 am-2 pm

Napoleon

1809 Oakwood Ave.
Napoleon, OH
43545
419-960-4963

Hours

M 7 am-6 pm
TU 7 am-6 pm
W 8 am-5 pm
TH 7 am-5 pm
F 6 am-2 pm

Wauseon

844 N. Shoop Ave.
Wauseon, OH
43567
419-285-9002

Hours

M 11 am-7 pm
TU 9 am-5 pm
W 10 am-6 pm
TH 9 am-5 pm
F 6 am-2 pm

Health center hours are subject to change.

Still have questions? Call your health center or visit eversidehealth.com/borma.



Taking charge of your health has many rewards



BORMA is encouraging each health plan member and spouse to earn a \$50 gift card (or \$75 gift card depending on percentage of participation) by completing an annual physical and biometrics through Everside Health. If you are not near an Everside Health Center, you may visit your primary care provider.



1. Call to schedule your annual physical with your primary care provider, including biometric screening.



2. Complete the health profile questionnaire and work with your provider to create actionable health goals.
Health profile: surveymonkey.com/r/HealthProfile



3. Complete your annual exam and health profile questionnaire between July 1, 2021, and June 30, 2022.

Please bring the attached **2022 Physician Screening Form** to your provider visit for completion.

Take charge of your health today by scheduling your annual health assessment.

If you are not near an Everside Health Center, request the following biometrics to be collected when scheduling your appointment with your primary care provider:

- Total Cholesterol
- Blood Pressure
- Triglycerides
- LDL Cholesterol
- Glucose
- HDL Cholesterol
- Waist Circumference
- Height, Weight

Still have questions? Call your health center or visit eversidehealth.com/borma.



2022 Physician Screening Form



Form can be faxed between
July 1, 2021–June 30, 2022 to
Everside Health at 317-562-0875

Instructions to Wellness Program Participant

To allow a blood/biometric screening performed by your healthcare provider to satisfy the health screening component of your wellness incentive, please complete the first half of this form and return it to your healthcare provider. The screening must have been performed on or after July 1, 2021, and completed forms provided to Everside Health by June 30, 2022, to satisfy the wellness incentive for 2022. All participant health information under Everside Health's wellness program is protected in accordance with HIPAA privacy and security laws; however, services for an Employer's wellness program and confirmation that blood/biometric screening was completed is not protected by HIPAA and this limited information will be shared with the employer to administer the wellness program. This blood/biometric screening is not intended to treat, diagnose, or replace physician involvement, but rather to create and promote an atmosphere of healthy living and learning through the implementation of wellness initiatives.

PARTICIPANT NAME: _____ EMPLOYEE SPOUSE

EMPLOYEE NAME: _____ EMPLOYEE ENTITY: _____

PARTICIPANT DATE OF BIRTH: _____ PARTICIPANT PHONE: _____

PARTICIPANT EMAIL: _____

Important notes to participant

- This form must be completed and faxed to Everside Health no later than June 30, 2022, for visits completed between July 1, 2021, and June 30, 2022.
- Completion of your Health Profile is also required in order to earn your wellness incentive: surveymonkey.com/r/HealthProfile



Release of medical records (to be completed by healthcare provider)

- Please submit/code this office visit as a preventive screening to insurance.
- All visits including Preventive, Annual, Diagnostic, Maintenance, and Routine are suitable for the campaign requirements.

By signing below and completing the following table, I affirm that I have reviewed the results with my patient and they understand that the Everside Health Wellness Program is not intended to treat, diagnose, or replace physician involvement.

PROVIDER NAME/CLINIC: _____ PHONE: _____

ADDRESS: _____ CITY: _____ STATE: _____

PROVIDER/CLINIC SIGNATURE: _____

| Test Parameter | Value | Units | Healthy Range |
|---------------------------------|--------|-------|------------------------|
| Total Cholesterol | | mg/dl | < 200 |
| HDL Cholesterol | | mg/dl | 60+ |
| LDL Cholesterol | | mg/dl | < 130 |
| Triglycerides | | mg/dl | < 150 |
| Glucose | | mg/dl | < 100 |
| Height | | ft/in | n/a |
| Weight | | lbs | n/a |
| Waist Circumference | | in | < 35 women < 40 men |
| Systolic Blood Pressure (rest) | | mmHg | < 120 |
| Diastolic Blood Pressure (rest) | | mmHg | < 80 |
| Current Nicotine User | Yes/No | | |
| Fasting | Yes/No | | |

Lab & Screening Tests

TEST DATE: _____

This form is for physician offices only, not for direct lab use

Still have questions? Call your health center
or visit eversidehealth.com/borma.

